

June 2020

The Manor Highlights

Yorkshire & Stonebridge Manors * 3511-3515 Leonard St. NW, Walker, 49534* 616-791-0111



Celebrating June

Music with Bob DeYoung

June 2

Worship with Pastor Henry

June 7

Worship with Pastor Joas

June 14

Music with Crystal Stevenson

June 16

First Day of Summer

June 20

Worship with Pastor Carson

June 21

Father's Day

June 21

Worship with Pastor Balicki

June 28

John 15:11 “I have told you this so that my joy may be in you and that your joy may be complete.” Recently as I went to visit a resident I have come to know well, she exclaimed, “Another human being!” As she and I chuckled about her reaction, her words reminded me of the joy we have in seemingly insignificant things in life. For this resident, simply being able to talk to me brought her such joy amid the ongoing coronavirus pandemic. Sometimes it takes not having something to realize how much joy and significance it brings us. Throughout the last few months, there have been several small things I realize that bring me joy but it has taken this pandemic to bring my attention to some simple joys in my life that I seemed to overlook—shaking hands with residents, sitting in a coffee shop, or simply talking to my neighbors. While I am looking forward to the day I can do these things again, I was reminded of the words of Jesus in John 15: “I have told you this so that my joy may be in you and that your joy may be complete.” While it is good to enjoy the simple things in life, Jesus’ words remind me that our joy comes from him and lives within us. It is a joy that Jesus makes complete. As we continue this journey, may the words from John 15 remind you of the everlasting joy found in Jesus living within each of us today.
-Chaplain Ryan

The Making of a Man

Not only is June 21 Father's Day, but June is Men's Health Month. All June long, we are asked to honor the men in our lives: dads, husbands, brothers, and uncles. Ironically, research suggests that men may be unsure of how best to honor themselves, partly because some men are questioning traditional definitions of manhood.

The strong silent type. A man of action and not words. The breadwinner. The jock. The buffoon. All of these are common male stereotypes. And while working hard, enjoying sports, and joking around are certainly positive qualities, some psychologists argue that American society tends



to overemphasize qualities of toughness, self-reliance, material wealth, and emotional detachment in boys and men. Qualities such as willingness to compromise, showing vulnerability, expressing

emotions, and nurturing others are viewed as feminine and signs of weakness. This wasn't always so. In the late 19th century, men were expected to be compassionate caretakers. But when the bulk of men's work moved from the homestead to the factory, masculine ideals began to shift. In fact, the Boy Scouts were founded in 1910 to reinforce those qualities of loyalty, courteousness, and kindness that were feared to be lost. Many men today share similar fears.

Groups of men all across the country, such as Philadelphia's Masculinity Action Project and the global ManKind Project, are attempting to promote "healthier masculinity." They hope to keep all of the positive traits of manliness while throwing out characteristics that are harmful. While some critics have gone so far as to call this a "war" on traditional masculinity, many men in these groups feel better about themselves: they have better relationships, stronger core values, and better mental health. These men are not only becoming, in their eyes, better men but they are becoming better humans. Furthermore, when these men understand and define what makes them positive male role models, they are better equipped to pass those traits along to younger generations.

Nailed It!

In preparation for the footloose and barefoot days of summer, June 1 is Nail Polish Day. While today's nail art is largely a reflection of personal style, when it originated nearly 5,000 years ago in Babylonia, nail polish was a marker of social status and class. Babylonian warriors ground *kohl*, a charcoal-like mineral, into a dark powder and used it to color their nails and lips before going into battle. The dark shade signified a high rank. Similarly, around 3000 BC, the Chinese used varying nail colors to signify differences in rank and dynasty. Rulers often wore bright colors like red, gold, or silver, while lower classes could be punished if they dared to wear colors deemed acceptable only to the ruling class. It wasn't until much later, in 19th-century Paris, when manicure parlors became fashionable and women regularly began to "get their nails done." In 1878, an American named Mary Cobb, after learning the art of the manicure in Paris, opened a shop in New York City, America's first nail salon called "Mrs. Pray's Manicure." Cobb would go on to open a series of salons, invent the emery board, and market an entire line of nail products. Cobb was truly the mother of the nail salon industry.

Ladies' Day at the Ballpark



During the early years of baseball, the game was geared toward an audience of men, for many during that narrow-minded era believed that the rules of baseball were just too difficult for women to understand. That is, until 1883 when the New York Gothams (soon to be Giants) hosted the first "Ladies' Day" at the Polo Grounds, where women were admitted free of charge. Baseball player, manager, and pioneer Abner Powell would later capitalize on this promotion when his own New Orleans Pelicans struggled to draw crowds. Powell held Ladies' Days every week throughout the season. His reasoning? Not only would it expand the game's audience but the presence of women would discourage unruly behavior.

What You May Have Missed

Last month, we saw and celebrated our families a little differently.. with a parade through the parking lot!



About 28 cars made up the parade that was led by Walker police, fire and even a county snow plow truck. We had so much fun seeing family, friends and all the decorated vehicles! Special thanks to Walker police, fire, Mayor Gary Carey for leading our parade and for all the families who participated in this event!



Napoleon's "Waterloo"

Napoleon's defeat at Waterloo in Belgium occurred on June 18, 1815. Napoleon is remembered as one of history's greatest military strategists. With the French army under his command, he waged war against most of Europe, vastly expanded the French Empire, and crowned himself emperor. After 1812, however, Napoleon suffered grave defeats and was exiled to the island of Elba, but Napoleon was not used to defeat. He escaped from Elba and rebuilt a massive army to march against the foes that had defeated him. At first, Napoleon was successful. On June 16, 1815, he defeated the Prussians. But on June 18 at the village of Waterloo, he commanded his force of 72,000 troops to hold off their attack until mid-day in order to allow the battleground to dry. It was a fatal mistake. During those few hours, new troops joined the opposition, and Napoleon's forces were overwhelmed and overrun. He was forced to return to Paris in defeat and abdicate the throne. Napoleon's reign was over, and the name of Waterloo would become forever synonymous with defeat and humiliation.

Horsing Around



In June of 1878, photographer Eadweard Muybridge put an end to a debate that had been raging for years: whether or not all four of a horse's hooves left the ground during a gallop.

Muybridge was no mere photographer but also a savvy inventor. Cameras in 1878 had lengthy exposure times of two seconds, but over two seconds a horse in motion would have galloped across an entire field, preventing it from being photographed. Muybridge's solution was to create a mechanical wooden shutter that could close within one-thousandth of a second. His photos seemed to freeze time, capturing each movement of the horse. He not only proved that all four hooves left the ground but he created the first motion picture and laid the foundations of the movie industry.

Happy Birthday!!

Sue Ellen Carr-14th
Alice Knott-18th
Donald Pasikowski-19th
Barbara McGorty-19th
Barbara Wood-28th
Irene Maciaszek-28th
Margaret Fuller-30th

Welcome

Dorothy Mull



Dan Sweeney
Dee Roberts

Your Leadership Team

Administrator

Beth Strait, beth.strait@baruchsls.org

Associate Administrator

Epiphany Donat, epiphany.donat@baruchsls.org

Director of Food Service

Skye Wiltse, skye.wiltse@baruchsls.org

Director of Maintenance

Ken Kuchnicki, ken.kuchnicki@baruchsls.org

Director of Life Enrichment/Volunteers

Rebecca Roeters,
rebecca.vandewege@baruchsls.org

Resident Care Managers

Jennifer Marckini, jennifer.marckini@baruchsls.org
Miranda Wood, miranda.wood@baruchsls.org
Sydney Duel, sydney.duel@baruchsls.org

Spiritual Care

Chaplain Ryan Hoekstra & Chaplain Val Wykstra

Outdoor Family Visits

We encourage your families to schedule appointments to come and visit! Please follow the link to schedule;

<https://app.acuityscheduling.com/schedule.php?owner=19615020>

It's been wonderful seeing families and getting outside in this beautiful weather!