

March 2026

THE BRIDGE

Yorkshire & Stonebridge Assisted Living News

Baruch Senior Ministries: Seeking to honor God by serving people as they age



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Celebrating March

March 2nd National Banana Cream Pie Day

March 2nd Dr. Seuss Day

March 2nd National Egg McMuffin Day

March 5th National Cheese Doodle Day

March 6th National Oreo Cookie Day

March 7th National Cereal Day

March 9th National Meatball Day

March 10th Harriet Tubman Day

March 13th National Good Samaritans Day

March 17th St. Patrick's Day

March 18th National Sloppy Joe Day

March 19th National Poultry Day

March 25th National Waffle Day

March 30th National Dr. Day

March 31st National Tater Day

Chick Hatching Days Coming Soon!



Our Beautiful Ladies of the Manor



BEAUTY AT IT'S FINEST

March Senior Spotlight



This month our senior spotlight is shining on a very gifted Musician, Composer & Music teacher Chuck Buffham. Chuck has a bachelor's in music and master's in arts and music.

Charles was a teacher at GRCC for 33 years and a volunteer in First Church's choir and brass groups. Chuck says, "I just love doing music! I can't live without it."

Chuck keeps the humor at the Manor flowing. Always willing to share a story and joke. We are honored to have Chuck at the Manor.



New Entertainer

I am always looking for new performers for our residents to enjoy.

This Feb. we were fortunate to have Randy Heidema at the Manor to perform for the residents. Randy has traveled around the world performing on cruise ships and on international stages.

Randy can play it all and can also tailor his performance to your event. He knows how to keep the crowd entertained.



New Bowling Champion Crowned

Congratulations to Beth for finally taking home the trophy! Beth has come close a few times. But this time she hung on for the win. Very well deserved.



Hot Cocoa Bar, Always a Big Hit!

End of January we celebrate National Hot Chocolate Day by opening the hot cocoa bar and music with Kevin Cavanaugh. This year we opened it back up for our Valentine's Day celebration!



Leaning On God

A walker is a common sight in an assisted living facility. As a person ages, their body becomes a little weaker. A walker is a wonderful help for people to be safely mobile. By leaning on the walker, a person has stability to stand up, walk, and even sit when they are a little tired of standing.

There are times when a person needs to be reminded to use their walker. Most of the time they just forget about their walker. A smile and a gentle reminder help the person remember where she parked their walker. The person is usually thankful for the reminder.

The Good Book reminds us that we can lean on God when we are weak. A person in the Bible, King Asa, prays: "O Lord, there is none like you to help, between the mighty and the weak, Help us, O Lord our God for we rely on you." (1 Chronicles 14:9). To rely on God is to lean on Him much like a person leans on a walker for support.

The Good Book describes how the "eyes of the Lord run to and fro throughout the whole earth to give strong support" to those who need it. (2 Chronicles 16:9) Let me tell you a story on how this works. I was doing pastoral visitation at the hospital when I met a friend in the hallway. She told me her dad was a patient. I had not planned on visiting him when I arrived at the hospital. I didn't even know he had been admitted. But God knew.

I came to the hospital room. The entire family had gathered in the room. It was clear the father was very ill and would be passing. The father and the family were anxious. After listening to the family, I asked if it was o.k. for me to pray. Placing my hand on the father's forehead, I leaned toward him and told him: "Your family is here. They love you. They want you to know that they will be o.k. if you go with Jesus to your heavenly home. I'm going to pray and ask Jesus to come and take you by the hand. He knows the way. You can lean on Him to guide you home."

As I prayed, the anxiety left the room. God's peace was noticeably present. The family needed a gentle reminder that God was near. God saw them in their weakness. They could lean on Him. That evening God's peace stayed with the family. God safely brought their father to his heavenly home.

We all can use a gentle reminder to lean on God.

Chaplain Jeff Meyers

March Birthdays

In astrology, those born between March 1–20 are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who "go with the flow." Those born between March 21–31 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. For these eternal optimists, no odds are ever considered insurmountable.

Gary Eversole 3-3

Betty Westra 3-26

Connie Haley 3-29

Doreen Ketchem 3-30

Little Mardi Gras Fun

